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See the everyday magic in life...



2012: Year of New Beginnings and Taking Advantage of It

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If you go out on the Internet you'll find a ton of opinions regarding the dreaded 2012. With emphasis on 'dread.' There is historical significance to this date from the Mayan calendar system when it said, "The end of days as we know it."

Unfortunately, some people have misinterpreted this to be the END of Time. Period. Those with ties with organized religion point at Revelations as proof of this. However, just looking at the quote, it does not say what people thinks it says. And it's a wonderful example of we believe what we want to believe--never mind the TRUTH. And we are all guilty of this to a person.

My article is an attempt to pull back the opinions and look at the TRUTH of what started back on August 16-17, 1987 with the Harmonic Convergence, which ushered in the 2012 energy. And the TRUTH is we have been in this spiritual changing energy since then. So, it is not 'something' that is going to happen on December 21, 2012.

We are in a PROCESS of becoming so that when 2012 comes, we will be prepared to take advantage of the ending of days (Time) AS WE KNOW IT. Let's look at the Mayan calendar, shall we?

Twenty-three hundred years ago, the Mayans created the Long Count calendar. It comes to a conclusion in stone in 2012 (taking in consideration the difference between the Julian and Gregorian calendars). It is thought that the Long Count was created around 355 B.C. Linda Schele provided a clue in the recent book *Maya Cosmos* about the importance of 2012. The Sacred Tree, which is embraced by many third world people, is symbolically involved. For the Mayans, it was no different and represented the entire body of their creation myth. For the Mayans, the Milky Way represented, symbolically, the Sacred Tree. "As above, so below." The stars are a reflection of us and vice-versa.

In Pacal's sarcophagus is a carved stone scene

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from the temple complex at Palenque on the Yucatan Peninsula. It shows Lord Pacal and the Sacred Tree. The diagram shows the Milky Way tree and it connects to Pacal's umbilical cord. This birth cord symbolizes our entrance into the world: a birth. This carving shows Lord Pacal entering the divine Sacred Tree on December 21, 2012. There are plenty of astronomical correlation that I really don't want to get into, but in REFERENCES at the end of this article, you certainly can noodle around to your heart's content in the numbers of this thing. Suffice to say, there is a huge celestial crossroads event occurring in the sky on and roughly ten days around this date. Remember the saying, "As above, so below," and this means we're at a crossroads too not only figuratively speaking, but I believe literally speaking.

And let's be clear about the Mayan Long Count calendar: we have gone through this very same thing, albeit slightly different, some five thousand and ten thousand years earlier. And we're still here, aren't we? Granted, there were floods (Noah's ark comes to mind but geologically, it is shown there was a huge flood nearly worldwide, too). And who knows? Maybe 10,000 years ago, as the Greek historians said, Atlantis sank. The Mayan calendar has marked these particular periods of change. And so, we're working up to another change in 2012.

I don't know where you were when the Harmonic Convergence happened, but I was in Sedona, Arizona on August 16, 1987. It was held in a small theater and there was about 150 people in attendance. And it was very early. And we all meditated. As I sat there I knew something profound was occurring and that we'd never be the same after that. Two years after the world meditated peacefully together, the Berlin Wall fell. What a remarkable symbol or what is to come! The old ways crumbling! The two Germany's got to come back together and be one again. I feel that's a profound symbol too because it was the amalgam of heart and mind of millions of people all focused on peace at one time and this

happened as a direct result of that energy being released.

From Wikipedia, it says the following about it.

"The Harmonic Convergence was supposed to be a global awakening to love and unity through divine transformation. It was initiated in 1987 by Jose Arguelles. According to his interpretation of Maya cosmology (an interpretation held as completely unfounded by Mayanist scholarship), this date was the end of twenty-two cycles of 52 years each, or 1144 years in all. The twenty-two cycles were divided into thirteen "heaven" cycles, which began in AD 843 and ended in 1519, when the nine "hell" cycles began, ending 468 years later in AD 1987.

The Harmonic Convergence was (according to Arguelles) to be the end of these "hell" cycles and the beginning of a new age of universal peace, as supposedly foretold in Maya prophecies. To supporters of the concept, the signs indicated that a "major energy shift" was about to occur, a turning point in Earth's collective karma and dharma. Believers said this energy was powerful enough to change the global perspective of man from one of conflict to one of cooperation. Actress and author Shirley MacLaine called it a "window of light", allowing access to higher realms of awareness.

According to Arguelles and others, the Harmonic Convergence also began the final 26-year countdown to the end of the Mayan Long Count in 2012, which would be the "end of history" and the beginning of a new 5,125-year cycle. All the evils of the modern world—war, materialism, violence, abuses, injustice, governmental abusive of power, etc.—would end with the birth of the 6th Sun and the 5th Earth on December 21, 2012. (Note that there is no evidence that the ancient Maya believed that the world would end at this point.)"

And, every summer, either in June or July, I could feel a 'ramping up' of energy acceleration--as if things were hurrying and we were running to catch up or at least, keep pace with it. Each time

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this energy was released our auras had to change to keep pace with it. I got so I expected this 'release of seed energy' every Summer and for the next nine years after the harmonic convergence, it did not disappoint. This 'speeding up' of Time 'as we know it' has been going on without let up. And I'm sure if you look at your life from 1988 to the present, you can see how our lives have become almost frantic with SPEED and most of us feeling like we're in the last mile of our personal Marathon wondering if we have any energy left to just maintain at the present speed.

Astronomers, interestingly, say that our Universe is expanding right now at an accelerated rate. Don't we all know this already?!! We are all doing more in a shorter amount of time allotted to us--but we don't really realize it. Like the folds of a blanket, Time is collapsing in on itself. It will reach its peak in 2012. As a counter balance to this phenomena in which we've all been in for sometime now, interesting phenomena have started to become a normal part of our accelerated dimensional existence.

For example, do you see the web-like spread of the Internet to a global crescendo occurring? We are connecting differently with one another now than before 1990. And, without belaboring my point about the Harmonic Convergence so many of us took part in, the Internet took off shortly after this mighty meeting of hearts and minds here on Earth (and in the other dimensions simultaneously). The Mayans had prophesied that between 1992-1999 that our globe would reach a new level of consciousness and that was when the Internet took off. Look back on this time period and decide for yourself.

Cell phones are spreading just like the Internet did and in fact, is hooked up now to the great web around the world. It's an amazing thing that is happening to us, folks, if you just stop, stand back and look at the macrocosm of it all. There is this INSTANT touch with anyone you want to connect with. TIME IS NO LONGER NEEDED, is it? It is

as if Time were folding in on itself. Linear time no longer is necessary to any of us, is it? So here you have an answer to how TIME is going to end--and then refashion itself for us. After all, this is the dawning of the Aquarian Age ruled by the planet Uranus. And Uranus rules electricity, electronics, computers, the Web, cell phones and any type of energy transmission in ANY dimension.

We don't have to wait days or weeks for a letter to arrive. All we have to do is type an email or pick up our cell phone. Instantaneous communication and connecting. Although many cultures still do not own a computer or cell phone, even that is changing at a rapid and amazing rate of speed.

All of these changes are setting us up. Like anything else, it takes TIME to adjust to this new energy, this new cadence we've invested ourselves into. I remember thinking after the Summer seed energy one year, "Gosh, how is my aura going to adjust to this quickening?" But, I did. And so have yours.

With Time collapsing in on itself and on the outside it looks like Time has speeded up, but when it's falling, there is more speed before the impact occurs. And this impact is very exciting and full of marvelous possibilities. For example, how about everyone in your life that you love or like, being far more telepathically connected with one another than ever before? Having your own psychic skills being turned up in volume and using them daily use than ever before. Or, your sensing and intuition become acute so that your 'gut' feeling is the one you run on instead of allowing your yammering head to rule you instead? Cool stuff, in my opinion. The ramping up of our intuition and our connection with the Universe at large is because many of us are trying to move from our solar plexus into our heart chakra. The moment we begin, however small, with our heart chakra, we get an instant connection to the throat, brow and crown chakra. It's a 3 for 1 deal and that's a wowser. That is WHY for those who are awaken-

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ing or awakened, your sixth sense skills are going to be amplified as never before and you'll be able to use them routinely. What a wonderful thing to look forward too!

Haven't you noticed that you are MORE telepathic even now? Don't you get a 'ding' and think of a particular person in your life and five minutes later, your cell phone rings and its them call you?! Or, a sense within you that there's something wrong, so you go to the doctor and the test shows that indeed, you were right about your gut feel about yourself? Maybe a sense of change in your own life where it didn't seem possible, but within days, you are in change due to a career development, a family responsibility or moving to another state?

Look back and see if this isn't true for yourself. This article is intended to challenge you to look at your own life to verify one way or another anything I put forth. Experience are the only teacher that doesn't lie to us. All other types can and will over time. What you experience is real and can never be taken away from you. Using this as your ruler to say something is truth or not, is the only way to approach 2012 phenomena.

I want to address that since the Harmonic Convergence how many, many peoples lives have been powerfully changed. I call this the Karmic Highway to 2012. Speaking for myself, I have gone through more hell on Earth since then to the present than I could ever have imagined. They have been very hard experiences that have stretched me, deepened me, torn me up, than at any other time in my life. It was as if I was being hit by Mack trucks not one after another--but all at once. I believe we are burning off our karma at a HUGE rate since 1987. Some of us. Not all of us because, as usual, because we have the 'free will choice' in our contract with the Cosmos.

I know that these life shattering and rebuilding times in my life have made me a better person. These situations are lemons (aka suffering). And the saying, "When you get lemons, make lemon-

ade," really apply here. I'm talking catastrophes in my life--piled on top of one another--not one at a time. I felt like Hurricane Katrina and the eruption of Krakatoa hit me simultaneously in the last five years. Can you look back in the past or perhaps you're still going through it presently? The good news is, it stops for those of us wanting to offload the Karma so we're lighter and evolved enough to catch some of the energy that's coming our way in 2012.

There is a group of souls who came in specifically just for this cosmic event here on Earth. With the quickening of Time, our Karma accelerates too. We can burn it off faster than ever before. For those of you who want to be marathon runners in this Spiritual Olympic contest and arrive lean and clean, no better time to live than now! You'll hit the 2012 finish line divested of a lot of negative energy and ready to take a well deserved evolution upward in your spirit because you did the work--one day at a time. And its a grueling time for Karma, there is no question. And for all of us. I don't have a friend or family member who has or isn't presently struggling with a lot of awful stuff in their lives. These are heavy duty things like divorce, death of a loved one, care taking for years, personal health issues and going through life-and-death dramas. All of this is what we came in to go through to burn off an awful lot of karma in a very short amount of time. Instead of taking ten lifetimes to get rid of it, we've chosen a little over a decade with time speeded up, to do it instead. Wow.

If you are one of those souls who intuitively knows that at the end of the 2012 finish line there is reward, you have been working responsibly and diligently in the past as you are now. Why? To become a better human being who is working or trying to work at HEART CHAKRA level. Because this is where the pot of gold and the end of the rainbow is at in 2012!

From another perspective, we are ending the 4th world as we know it and entering the 5th

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world. The 5th world, according to the Incan belief system, is the heart chakra level. It is about LOVE. Love of yourself. Love of all others regardless of gender, religion, color or country. Love of our Earth mother. Love without any negative emotions. Love of all beings who live on her skin or swim in her waters or fly in her air. THAT kind of love. A loving sense that all beings, large or small, are connected to one another. And that what we do to one--we do to all. We are learning to be held consciously accountable for our daily actions--a very new dynamic in our human species.

Tall damned order, isn't it? Oh yeah....but, again, those souls who are here and who automatically know this deep within them, are working harder than ever before to sand off their rough edges as a human being to be ready for what's coming. They are all learning how to become compassionate not just when it suits them and they think about it--but to become compassionate all the TIME. There's that word again....TIME.

Let's talk numbers now, shall we? Numerology. My training came from Karen David (her website/email address below for instant access to this brilliant woman). I know just enough about numerology to be dangerous, so I'm going to keep it simple. I'll let professionals like Karen David add the nuances we amateurs cannot see.

When you add up 12.21.2012 you come out with an 11/2 number. "11" is a master number and the "2" is like the lower gear of the 11. In numerology the 11 would be reduced to $1 + 1 = 2$. According to Karen David, the master number 11 carries the astrology values of the Moon and Uranus. That would be fitting because Uranus, after all, as you have seen earlier in this article, is the bedrock foundation for this time shift.

The Moon and the number 2 represent women. From my perspective, WOMEN are going to play a very key part in this shift coming since 1987. Women are taking back their power a step at a time, as they should. They don't have the steel

egos that males do because they have been suppressed as a gender for nearly five thousand years. And so, for we women, it's much easier to let go of the ego and embrace who we really are beneath all the labels and outer paraphernalia. Looking at it another way, women are assuming their power and a world balanced with both genders working at full capacity can only help the world--not harm it. Those men who have integrated their feminine energy, will play a key part as well. This number is about cooperation, teamwork, our feelings, our emotions, and our connectedness to all things. To borrow Hillary Clinton's title from her book: "It Takes a Village To Raise A Child" really applies to the wonderful nurturing care and maternal love with the number 11/2. 2012 is going to bring this realization to everyone at that TIME.

There are more and more women in seats of power, as in Argentina and Germany now. Will we see a woman become President of the United States? It's highly possible under the energy of what is transpiring now. Or, a man who has integrated his feminine energy so that the scope of his vision is far more maternal in development than patriarchal.

And of course, the "11" energy is electric as is Uranus. Don't rule out contact with aliens, or perhaps governments finally come clean on UFO's and that yes, they are here and yes, governments around the world are working with them since the 1940's. (When Atlantis was above the water, there was intergalactic trade with other star systems on a daily basis. That all changed when Atlantis sunk beneath the waves because the populace became greedy, selfish and power hungry). And so, 'contact' will be initiated again. Not that contact isn't already here. Crop circles are the way certain star systems are trying to 'talk' to us right now. As 2012 gets closer, our understanding of their language will rise and we'll make a huge breakthrough with crop circles shortly before 2012. I do recommend going and looking a crop circles. I'm sure you'll find one that

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grab you, moves your or talks to you. I recommend: <http://www.wccsg.com/> as your source of photos and information. There is also a bimonthly magazine, The Spiral, that is very worthwhile subscribing too. What will we do this time around when the star people come? Only TIME will tell....

Pole shifts. Well, yes, there is one going on right now as I write this--and it has been going on for sometime. Geomagnetic reversal means the reversal of our magnetic energy from north to south and vice-versa. North energy 'flips' to the south pole and south energy flips to the north pole. Scientists currently tell us that pole shifts occur, on average, once every 500,000 years. The last pole shift was 780,000 years ago so we are overdue for one. Pole shift theories are also not to be confused with Geomagnetic reversal, the periodic reversal of the earth's magnetic field (effectively switching the north and south magnetic poles). Geomagnetic reversal has more acceptance in the scientific community than pole shift theories. And, there are indicators that this too, is accelerating (like everything else has been doing). Recent evidence from studying the alignment of iron particles in lava flows found one case where the Earth's magnetic field shifted 80 degrees in 13 days. That is FAST!

There is all kinds of info out on the Web, including images showing where the reversals are at already around our globe. Given the acceleration of the energy, I believe that geomagnetic reversal could be at its peak come 2012. Magnetism is a part of our life and around us, in our aura as well as in our physical body. Migratory birds have cells located in their heads that tell them which way to fly at a certain time of year. IF this resonance peaks in 2012, the possibilities for all of us are going to change (maybe reverse?). We have no human history on this, no eye witnesses to tell us about what might happen if this occurs.

Quoting Willie from 'Google answers' about a swift shift: "It is thought by some geologists that a rapid switch in the magnetic field could lead to

stresses in rock strata and lead to major earthquakes and volcanic eruptions, with the possible scenario of the "Ring of Fire" all going off at once and sending the world into nuclear winter.

So, if you consider a world with no TV, radio, telephones (fixed or mobile), computers, shop-tills, no planes, no ships, no radar, no air traffic control, where weapons of mass destruction were likely to go off without human intervention, and nuclear subs suddenly started spontaneously exploding while aged power stations lost all their regulatory barriers, you'll get an idea of the possibilities. Think of all the disasters they were warning about for the so called "Millennium Bug" in 2000, then imagine them all actually happening. Then imagine the earth shaking, hot ash falling on your head, a tidal wave approaching, and a migratory herd of Wildebeest turning up on your doorstep."

This is of course, is conjecture that we'll get a pole reversal in 2012, but the evidence is there that one is underway right now from the scientists who track the magnetic anomalies now occurring worldwide here and there. And I'm not interested in feeding the 'fear factor' that is ruinous to the beauty of the time period we are in and the benefits that can be derived from it. However, I believe magnetic activity is going to help those who are 'awake' and ready to receive the seeding process that continues to go on to this day.

There are people who are awakening, who are awake or those who are still asleep. This last Mayan cycle can be turned to our benefit if we are awakening or awake. It will also awaken some of those who are asleep, too. Eckhart Tolle who wrote A NEW EARTH: Awakening to Your Life's Purpose. In my opinion, he has hit the nail on the head when it comes to deducing who is awake or asleep to take advantage of this wind up to 2012. In fact, Oprah has devoted a huge online lesson plan based upon the clarity of this book. For more information on his book and Oprah's online lessons (free), go to <https://oprah.com>. I highly

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recommend these lessons that pave the way for people who want to awaken or deepen their spiritual inner quest to take advantage of 2012 energy.

Let's face it: the only thing we can change is ourselves. And this Aquarian Age energy is about the individual contributing to the whole. There is no one leader as there was in the Pisces Age with Jesus and other masters who came in (Mohammed, Buddha, among them). This time around, we are EMpowered to have each person contribute and that's a very exciting way to do it. Aquarian energy is about the masses--the under dogs, if you will. And that each person counts no matter what gender, race, color or religion that they are. Aquarian energy is about leveling the playing field globally to understand we are EQUAL to one another. Respect of each individual is a must if we are to make this work.

And speaking of making this 2012 energy work: only we can do it. One person at a time. One day at a time. One hour at a time. I believe that people have to 'get' how important they are to this ongoing and evolving, unraveling process. Most people don't really believe they can change anything. The reality is: they can. In big and wonderful ways. For example, I pray for peace every day, just about. I've done it for over decades. Do I sometimes get frustrated that it seems our world is going the opposite direction into nothing but wars all the time? Absolutely. On those days I have a talk with myself. That I know on a deeper level that I'm one drop in the Cosmic bucket of Peace and that there are millions upon millions of people elsewhere on our globe sending that very energy into it, too. When you do it alone, it doesn't look like much headway is being made--but it is.

Change ourselves and the world changes around us. That is what will happen. We must be ready to take full advantage of this 2012 energy that is available to all right now. I'm reminded that even in the darkest of nights when we cannot see light

at the end of the tunnel--it is there. "This too, shall pass," is something I say when I feel this way. But it is in the passing, while we all walk that gauntlet of the dark night, that we are being tested.

VESICA PISCES MEDITATION

One main way I work with myself and this energy is to try and meditate daily in the Vesica Pisces 'eye.' I've written an article on this incredible and ageless symbol called: PREPARING FOR THE GLOBAL SHIFT: Moving to the LIGHT from the DARK: How to Do It. Just go here to download your copy of it as well as instructions on how to meditate with the Vesica Pisces symbol: <http://medicinegarden.com/metaphysics/global-shift2006.html>

One thing for sure, we are in for a wild, wild ride. Chaos reigns because it needs to break down our barriers, our thoughts and our grip on reality enough to let the light of the Cosmos shine through to us. Breakdown for a breakthrough. That is usually the way it goes for many of us. We don't get it until we have that seminal moment that creates the 'aha' that allows us to make that quantum step forward for our Spirit.

A CHAKRA BOOK THAT CAN HELP YOU

Another excellent book that you may find VERY helpful is by Grahame Martin and titled: Chakra Prescribing and Homeopathy. Don't let the word homeopathy scare you off--this is one of the most brilliant books ever written about our chakras, their meanings, symbology and finding out which one is where we should be concentrating our focus. And it's 95% metaphysical information and 5% homeopathy, so don't worry about it. Martin is a homeopath in South London, England, and he's intimately tied into the Cosmos with all the information he has written about it. You can go to: <http://www.minimum.com/b.asp?a=chakra-prescribing> and pick up a copy of it. At least read the author's introduction and if it grabs you--this

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book is for you. I found it incredibly enlightening to me and very helpful. I believe you will too.

One thing for sure--we can take advantage of this energy which has been circulating nonstop since 1987 through 2012. It is preparing us for that evolutionary shift. And each of us can do it. All it takes is conscious, daily, hard work, being conscious and here and now. You don't have to do things perfectly--the fact that you try and succeed here and there puts you in contention to do just that. None of us are perfect and yet, our will and our intent connected with our heart's desire will set us up for the shift.

If you think we're going to die, or the Earth will be destroyed--it won't. We have gone through these shifts before. The whole idea is to raise our consciousness and evolve. One cannot do that on a planet of suffering and karma if its destroyed. Logic tells us that, but we also have history to support this, too. I know there's a lot of fear out there but there's always fear when change is in the air. The key is to not connect into the fear drama. It's a waste of your precious time in preparing yourself for the shift.

One thing I would suggest is doing some serious meditating, being alone and focused on December 21, 2012. This is a sacred day for humanity and our Earth. No better way to celebrate all of us than to work from your heart chakra and connect with all those who will be doing the same thing on this day. How I wish that people would agree to get together as they did for the Harmonic Convergence on this special day from around the globe. Talk about maximizing the energy. Wow!

And even if that doesn't happen, we can all do our individual thing which we've been doing all along and meditate quietly, reflect on attaining peace in this world, respecting all people, knowing we are all connected and related to one another and getting on with the business of making this place better than it is presently. For everyone.

FLOWER & GEM ESSENCES TO HELP

Over the last twenty years of working with my beloved flower and gem spirits, I have found just how powerful they are in healing me. And they have helped people around the world with their gentle healing abilities. I've put down issues that many of us grapple with daily. By taking the correct flower or gem essence, you can reap the benefits of this coming shift. We really need to offload our negative thoughts, our past behavior patterns, dump the stories of our childhood and get on with life--living in the NOW and present. To help you do that, I've put keywords below. If you find yourself among them or are struggling in an area, these essence can help support you in your desire to be healthy in Spirit. You can always go to www.medicinegarden.com and look at the beautiful photos I've taken of our flowers and gemstones, plus get additional information on them as well. Below is just a small portion of what each of these essences can do and I invite you to come for a visit to learn more.s

One of the most powerful essences is an imponderable known as Hale-Bopp Comet essence. This is an incredibly heart chakra comet energy that brings us in healthy connection with our Earth, all our relations as well as with the Cosmos/Universe/Being/God. I simply don't have the words to tell you how moving and beautiful this essence is when taken during meditation. Check it out if you're focused on really being all you can be for this global shift in 2012.

Connect with the Earth and Cosmos: Hale-Bopp Comet essence https://gator147.hostgator.com/~eileen/store/mgstore_impond.html

Deepening your meditation: Meditation Formula essence https://gator147.hostgator.com/~eileen/store/mgstore_formula.html

Peace, instilling a sense of it within yourself: Aquamarine gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge.html

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Grounding yourself fully in your body (for spacy or ungrounded people only): Black Basalt gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge.html

Clean out all your chakras, a general cleanser: Cottonwood Tree essence https://gator147.hostgator.com/~eileen/store/mgstore_fe4.html

Improving your meditation: Beargrass essence https://gator147.hostgator.com/~eileen/store/mgstore_fe2.html

Working with any fear: Broom Snakeweed https://gator147.hostgator.com/~eileen/store/mgstore_fe2.html

Wanting to make a breakthrough or dissolve a block that is stopping our progress in Spirit: Century Plant essence https://gator147.hostgator.com/~eileen/store/mgstore_fe3.html

Solar Plexus Chakra cleanser: Chaparral Bush https://gator147.hostgator.com/~eileen/store/mgstore_fe3.html

Dreams, inspiring them and remembering them: Condor Stone gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge2.html

Working to stop an addiction: Coreopsis essence https://gator147.hostgator.com/~eileen/store/mgstore_fe4.html

Connecting your mind with your heart: Colville's Columbine essence https://gator147.hostgator.com/~eileen/store/mgstore_fe4.html

Wanting to connect with the energy grids of Nature: Grandmother Bell Rock gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge2.html

Working with our Shadow to integrate it into our Being: Crested Prickle Poppy essence https://gator147.hostgator.com/~eileen/store/mgstore_fe4.html

Hyperactivity of body and mind: Crimson Columbine essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe4.html

Inner Peace instilled in the person/calms/soothes in high stress situation: Lepodolite gem essence

https://gator147.hostgator.com/~eileen/store/mgstore_ge3.html

Codependence; getting rid of it: Desert Paintbrush essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe5.html

Toxicity in general cleanser: White Evening Primrose essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe5.html

Toxic thoughts: Yellow Evening Primrose essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe5.html

Toxic emotions: Pink Evening Primrose essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe5.html

Throat Chakra cleanser: Echo Blue Lisanthus essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe5.html

Brow Chakra cleanser: Fireweed essence

https://gator147.hostgator.com/~eileen/store/mgstore_fe6.html

Stop connecting in with people's emotional or

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Mental dramas: Gloriosa Lily essence https://gator147.hostgator.com/~eileen/store/mgstore_fe6.html

Shame and humility and dissolving these feelings: Evening Primrose Combination https://gator147.hostgator.com/~eileen/store/mgstore_combo.html

Spiritual Surrender: Petrified Sequoia gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge5.html

Deep inner exploration of self during meditation: Peruvian Blue Opal gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge4.html

Feeling safe from psychic threat: Black Tourmaline gem essence https://gator147.hostgator.com/~eileen/store/mgstore_ge5.html

Restoration after a sense of losing everything on some level of yourself: Fireweed essence https://gator147.hostgator.com/~eileen/store/mgstore_fe6.html

Desiring to connect with God/whomever you believe in: Mormon Tea Tree https://gator147.hostgator.com/~eileen/store/mgstore_fe7.html

Victim attitude and you want to get rid of it: Owls Clover https://gator147.hostgator.com/~eileen/store/mgstore_fe7.html

Strong, healthy boundaries and being able to say NO: Yarrow Combination flower essence https://gator147.hostgator.com/~eileen/store/mgstore_combo.html

Heart Chakra cleanser: Meadow Goldenrod https://gator147.hostgator.com/~eileen/store/mgstore_fe7.html

Root Chakra cleanser: Rumex crispus/Curly Dock https://gator147.hostgator.com/~eileen/store/mgstore_fe8.html

Crown Chakra cleanser: Ti Corn Plant essence https://gator147.hostgator.com/~eileen/store/mgstore_fe9.html

Breaking Patterns from the Past: Yarrow Combination https://gator147.hostgator.com/~eileen/store/mgstore_fe10.html

Sacral/Navel Chakra cleanser: Pear blossom essence https://gator147.hostgator.com/~eileen/store/mgstore_fe8.html

Anxiety and panic attacks: Monkshood essence https://gator147.hostgator.com/~eileen/store/mgstore_fe.html

HELP TO MAKE THIS TRANSFORMATION PAINLESS--WELL, ALMOST PAINLESS....

I don't believe we have to SUFFER endlessly through change. The people below are, in my opinion, the best in their particular business and are skillful catalysts to help people to help themselves. Utilize the BEST professionals for this quantum time shift in the most healthy of ways.... check out this group and choose which tools resonate most strongly with you and contact them. You won't be sorry you did!

ASTROLOGICAL COUNSELORS:

You can engaged the services of the medicine-garden.com's professional astrologer and find out. Our own Rosemarie Brown is a natal counselor. Just contact her at: starrose@sedona.net. Her website is: <http://www.rosemariebrown.com>

If you are wanting to move and aren't sure where or you have a place in mind, but aren't sure if it's "right" for you, they have locale information available. If health is your consideration, both are trained medical astrologers. Or, Gail Carswell at rockdoc@mindspring.com. Or, Michael Foltz at solardoc@mindspring.com.

I'm sure one of these three professionals will be able to shed considerable light in what is going on

MEDICINE GARDEN



in your life and the many choices you have available to you to institute and use. Better yet, visit their website: <http://www.owlswebnest.com>, for more information on all the services they provide.

UN-CONFUSE YOURSELF DURING THIS RETRO-GRADE

NEED A "Coach", some serious therapy that gets to the "heart" of your angst or what you're wrestling with? We recommend Rosemarie Brown. Please contact her at: <http://www.rosemarie-brown.com> or by email at: Rosemarie Brown starrose@sedona.net

VOICE ANALYSIS--THE MISSING NOTE

I've had my voice analyzed by Ani Williams and I can tell you from personal experience that we all have a "missing note" in our life. So what? Well, consider this. Without this missing note back in our life, we aren't working off of 8 cylinders. We're working on 6--or less! Please go to Ani's website for more information. This is a life-changing "tool" that you should include in your personal Pluto transformation kit. <http://www.anwilliams.com> or contact her via email at: songaia@earthlink.net

SPIRITUAL UPKEEP RENOVATION: NEED A SHAMAN?

Gail Carswell (rockdoc@mindspring.com or <http://www.owlswebnest.com>), Michael Foltz (solardoc@mindpring.com or <http://www.owlswebnest.com>), Grace Verte (graceverte@comline.com or <http://www.graceverte.com/>), Karen David (KDMystic@aol.com or <http://www.karendavid.com>) and Rosemarie Brown (starrose@sedona.net or <http://www.rosemariebrown.com>) are all trained shamanic facilitators who can help you through your spiritual transformation. For other shamanic facilitators and more information on Soul Recovery and Extraction, go to: <http://www.medicinegarden.com/SRE/SREchapter.html> and then contact one of them for further help!

FOR CARE OF BODY, MIND AND SPIRIT: HOMEOPATHY

Our favorite classically trained homeopath is Yolande Grill of Cave Creek, Arizona. She does long-distance case taking by phone and I consider her one of the best we've got in the USA. So, don't delay! She is also a shamanic facilitator, as well. Get a hold of Yolande at: y.grill@att.net

REFERENCES:

1. <http://www.levity.com/eschaton/Why2012.html>
2. <http://www.salient.org.nz/features/the-end-of-the-mayan-calendar-and-the-apocalypse-in-2012>
3. http://en.wikipedia.org/wiki/Harmonic_Convergence
4. <http://answers.google.com/answers/threadview?id=70055> (Geomagnetic reversal)